




DeQuervain's Syndrome & Pregnancy



A common health condition (that many mothers tend to deal with) is commonly known as "Mommy Thumb", or DeQuervain's syndrome. This pain & injury is located within the tendon of the thumb, and can cause quite a lot of discomfort and soreness. To learn more about this condition, check out our blog post linked below.

When you are dealing with bodily discomfort & pain, our team at **Maya Physio** is here to help. With our high quality Richmond Hill Physiotherapy, we work to make all of our patients feel their best, bringing them back to optimal health. To learn more about our services, visit our site or call us today!

 Read More: <https://mayaphysio.ca/blog/pregnancy-and-dequervains-syndrome/>

 Phone: (905) 770-9292

 Email: info@mayaphysio.ca

 Location: 10066 Bayview Ave #2, Richmond Hill, ON L4C 0W5