



The Joy, Comfort, and Stress-Reducing Power of | How to Massage Newborn Baby

Baby massage is fairly new in the UK but in countries like India it is an important part of a baby's daily routine. In fact, Indian baby massage is much more than that; This is their way of life. This has been a tradition in India for centuries. The baby's cleansing massage is performed after birth and every day.



When to start oil massage for newborn

When to start massaging your baby so that the baby does not face any kind of skin related problem. [Baby's skin](#) is very delicate. Whose massage requires special attention. Many new parents want to know when to start massaging their baby. In this article, we will try to give the most important information related to newborn massage.

Babies physical activity

There is no fixed period for when to start massaging the baby. Before starting the baby's massage, test your child's physical activity, only then start massaging the child. Baby's skin is very soft at the time of birth. A baby's skin starts to harden a little in 15 or 20 days. And the skin of a child starts hardening around 30 days.

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