



# Health and Beauty Tips - A step by step skincare regime for all the lazy men

Not all men are fond of taking care of their skin. However, almost all of us want to know the steps for [skincare](#) that can be easy and make the skin look good. We are here with such ideas that will make your skin glow and look clean.

Know the step by step guideline for skin care.

## Stage 1: Face Wash and Pat Dry

It's a given that you need to wash and saturate your face routinely. Notwithstanding, if you have dry and touchy skin, adhere to a delicate face wash. If you didn't have a clue, honey is a supernatural element for dry skin, so add an item that has nectar. Make sure to wipe off your face and not rub a lot as it can cause skin irritation, which will mess more up.



## Stage 2: Vitamin Boost Clay Mask

It is a periodic advance, and you can skip it on the off chance that you are a genuine lethargic individual for healthy skin. We should utilize a face veil or pack around multiple times in a week or not long before going to an event. Clay face pack is improved with Hyaluronic Acid. This fixing is the one thing that each dry skin type should search for in his items. Be it a face cover, a cream or a serum, and this fixing is an unquestionable requirement. It gives serious hydration with no oiliness. It will be stunning for you if your skin is skin break out inclined.

### Stage 3: Tea Tree Facial Oil

A new and viable fixing in my [skincare routine](#) is the Tea Tree Facial Oil. The oil adds a layer of sustenance to the skin. Try to knead it in delicate round movement until wholly retained. Facial oil turns out preferable for men over a regular lotion. Likewise, tea tree separates have an alleviating impact on the skin.



### Stage 4: Anti-Pollution Cream with Shea Butter

Next, you should apply some face cream. Shea butter cream since it has [anti-aging](#) properties and hostile to contamination skincare benefits. Since I previously used some facial oil, this lightweight lotion turns out magnificently for me. The best thing about it is that it virtually affected my skin. I could see my skin previously shining in the initial not many days.



### **Stage 5: Lip Repair Balm**

Each colder time of year skin care routine for men should have a decent lip ointment. Nobody likes dry and dull lips and a decent lip analgesic will help you tackle that issue. I would suggest this lip ointment with Vitamin E, Almond Oil and Mango Butter. It saturates as well as structures a defensive layer over your lips. It's somewhat weighty, so I like to hold its utilization just for the winters.

Actual content source - <https://www.newscafe247.com/skincare-for-the-lazy-men/>