



What You Need to Know About Laser Scar Treatment

It can be challenging to live with scars. Although a scar can alter your self-perception and thoughts, it can also have more significant effects on your life. It makes you lose your self-confidence, affecting both social and professional life. [Acne scar treatment in Delhi](#) is one of the best methods to lessen the appearance of your scars. Through this comprehensive post, we will discuss what causes scars, what happens during laser scar treatment, and what you can expect. So, let's get started.

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Why Do Scars Form?

Trauma or injury to the skin leads to scars. This kind of injury varies in severity, with deeper and more severe injuries resulting in larger scars. Your skin uses all of its resources to repair damaged areas as soon as possible. Scars don't have the same smooth skin. To repair the damage, your body produces a protein called collagen. Scars can affect your life and bring side effects such as movement issues, pain even if the scar has healed, and itching.

Laser Scar Treatment: What Is It?

Laser skin resurfacing and laser scar revision are other names for laser treatment. With this cutting-edge treatment, wrinkles, dark spots, scars, and skin lesions can all be less obvious. There is no need for an overnight hospital stay because laser treatment is performed in a doctor's office. In addition to administering an oral sedative, the physician will apply a local anesthetic to the treatment area.

Various types of lasers use different types of light beams to either remove scar tissue or make holes in it during the procedure. By encouraging the synthesis of collagen, both techniques enable your body to produce new, smoother skin. Following the surgery, your scar should appear lighter and less obvious.

Scars are not entirely eliminated by laser treatment. In essence, you are replacing one scar with a smaller, less apparent one. Additionally, it might take several treatments before you get the desired effects.

How Does Laser Scar Removal Work?

There are two types of laser therapies available: CO2 laser therapy and fractional laser therapy.

- **CO2 laser treatment:** This approach removes surface layers of skin using either continuous laser beams or short light pulses, causing minimum damage to the surrounding skin. Larger scars may necessitate several treatments due to the fact that each treatment only addresses a tiny portion of the scar tissue. After this treatment, you might need up to two weeks to feel better.
- **Fractional laser treatment:** This light-based method of scar tightening is called fractional therapy. While the laser does less damage to the skin overall, it penetrates deeper into the dermis, which increases the risk of scarring and lengthens the recovery time. The typical downtime for this procedure is one week. If you are considering fractional laser treatment, you can get in touch with the [best dermatologist in Delhi](#) to discuss the procedure. The skin expert will look at the scars and recommend the best laser treatment to get rid of scarring.

What Can You Expect After Laser Acne Removal?

Following the laser treatment, a bandage will be put on and should be worn throughout the day. After that, wipe the region with a diluted vinegar or saline solution twice to five times every day. Another option is to use a healing ointment, such as Vaseline, Eucerin, or Aquaphor. The aim is to prevent a scab from forming. Depending on the type of treatment, the healing period usually ranges from 5 to 21 days. After the wound heals, the area may stay red for a few months.

Get laser treatment for acne scars at Delhi Wellness Clinics

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Dealing with acne scars? Do not worry. Get **acne scar treatment in Delhi** at Delhi Wellness Clinics. The skin experts at the clinic offer a range of acne scar treatments, such as lifting procedures, skin resurfacing, laser treatments, chemical peels, microneedling, excision techniques, and many more. To learn more about these techniques, visit [Delhi Wellness Clinics](#) now.

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