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Aug 30, · In this article, I will share my personal experience with the 30 Minute Keto Dr Newman program and provide an honest review of its effectiveness. Get ready to discover Missing: Pdf. Did you know there's a naturally occurring ingredient found in a little red supermarket fruit that can actually force your fat cells to burn themselves as energy? The best part is, it works especially Missing: Pdf. Sep 12, · I Tested the 30 Minute Keto Dr. Newman Diet and Here are My Honest Reviews! Discover How I Achieved My Weight Loss Goals in Just Half an Hour a Day!Missing: Pdf. Apr 7, · You can whip up 7 delicious keto meals in just 30 minutes with Dr. Newman's fantastic recipes. Each dish keeps your net carbs under 10 grams, ensuring you enjoy a guilt-free experience. My name is Dr. Melissa Newman. I got my doctorate from The University of Louisville, and I'm currently a professor at a research university in Ohio, where I've taught for 12 years. I'm also a nutritionist and a certified health coach. Feb 21, · Newman's Slimming Chocolate is said to help you lose weight and keep it off, all while enjoying the delicious taste of chocolate. But is it really too good to be true? In this article, I'll take a closer look at Dr. Newman's Slimming Chocolate and its claims.