



A.A. Step 7 Pdf

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removed, we then ask God to do so in Step Seven. (Step 7: We are not wholly strong and self-sufficient. It means that we are not to put our dependence on a Higher Power because we are useful for the things we used to do.)

Jul 13, 2013 · Now, using the seventh step prayer as a guide, humbly ask Him to remove your shortcomings! What am I praying for? What exactly does it look like in my life when I am useful to you? My creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellow sufferers. Created Date: 3/31/2013 AM.

Step 7, as described in the step programs, marks a pivotal moment in the recovery journey. It signifies an acknowledgment of our human limitations and the sincere wish to transcend them with the assistance of a Higher Power. Rooted in humility, this step calls for a deep sense of surrender.

AA Step 7 Worksheet

Humbly asked Him to remove our shortcomings. My creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. The Twelve Steps are explained in the book. Alcoholics Anonymous. Rev. 11/21 SMF

Each step requires exhaustive mental work alongside practical steps. The steps are designed to help us better understand where our addiction stems from and what we can do about it. This requires a great deal of introspection and soul searching. It is for this reason that focused questions are a crucial element in the equation. Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all.