



Effective Study Plan Pdf

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The 5-Day Study Plan begins with dividing the material you need to study (e.g., chapters in your text and corresponding lecture notes) into 4 about equal parts: A, B, C & D (with “A” being the . proven study habits and methods. You’ll create your plan just once each term. When you follow it, your stress and anxiety will fade away as you realize you are in better control of your .

WAS IT EFFECTIVE? WHY OR WHY NOT? Studying Study Smarter Not Harder This handout offers several tips on effective studying. Implementing these tips into your regular study routine will help you to efficiently and effectively learn course material. Effective studying requires your mind to be actively engaged in the material. The 5-Day Study Plan begins with dividing the material you need to study (e.g., chapters in your text and corresponding lecture notes) into 4 about equal parts: A, B, C & D (with “A” being the oldest and/or most difficult material and “D” being the most recently covered material). For example, if chapters

- Determine the most important study material. Don’t waste time reviewing material you already know well.
- Study the oldest material first. Continue to study older material each day before the exam, decreasing the amount of time spent, while increasing study time for the more recent material.