



Is Your Dog's Tummy Trouble Telling You Something? Easy Diet Fixes That Really Work

Ever noticed your pup acting a little off—maybe a bit bloated, less energetic, or dealing with unpredictable bathroom habits? It might not be just a bad day; it could be their gut trying to tell you something. Thankfully, small tweaks to your [dog's diet](#) can lead to big improvements in how they feel (and how you feel watching them thrive).

Here's how you can support your [dog's digestive system](#) naturally—without going down a rabbit hole of complicated diets or guesswork.



Commercial Formulations

We are full-service with **product design**, **recipe formulation**, and **complete market research** for your business.

Find out how we can help your pet food business create superior products.

[Commercial Dog Food Recipes →](#)

1. Stick to Proteins That Are Easy on the Belly

Dogs need protein, no question—but some types are easier for them to digest. Lean, simple options are usually best:

- Turkey, chicken, or white fish
- Eggs (cooked, of course—scrambled or boiled are ideal)
- Limited-ingredient meals that cut down on potential allergens

Processed meats or anything with “by-products” on the label? Those can be a real gut-wrecker for sensitive dogs.

2. Don't Underestimate the Power of Fiber

Fiber isn't just a human thing. It helps keep your dog's digestive tract running smoothly and feeds the beneficial bacteria in their gut.

Try adding these fiber-rich options to their meals:

- A spoonful of canned pumpkin

- Some mashed sweet potato
- A sprinkle of cooked oats or brown rice

Pro tip: A little goes a long way—too much can backfire and cause bloating.

3. Bring in the Good Bacteria (and Their Favorite Snacks)

Your dog's gut thrives on balance. That means introducing both probiotics (friendly bacteria) and prebiotics (what those bacteria eat). Together, they help support digestion, nutrient absorption, and immunity.

Probiotic-rich options:

- Unsweetened yogurt
- Kefir
- Quality dog-specific probiotic supplements

Prebiotic boosters:

- Bananas
- Apples (no seeds!)
- Chicory root

Still unsure about portions? That's where a dog nutrition expert can really help.

4. Keep an Eye Out for Food Triggers

Not all stomach issues are random—often, they're linked to hidden irritants in your dog's meals.

Keep a lookout for:

- Dairy products (many dogs are lactose intolerant)
- Additives and preservatives
- Fatty, fried foods
- Certain grains like wheat or corn

Eliminating the culprits can be tricky without guidance, but a customized nutrition plan can make all the difference.

5. Hydration: The Unsung Hero of Digestion

Water is essential for digestion. If your pup isn't drinking enough, their digestive system can slow down—hello, constipation.

Make hydration easier by:

- Mixing water or broth into their food
- Offering pet-safe bone broth
- Trying a dog water fountain (some pups love running water!)

6. Smaller Portions = Smoother Digestion

Breaking meals into two or three smaller servings a day is easier on your dog's gut—especially for larger breeds prone to bloating. This simple change can lead to noticeably better digestion and energy.

Pre-Formulated Dog Food Recipes

Easy-to-make recipes you can download right now!

Our recipes include lamb, beef, chicken, and white fish & salmon, and can be purchased right now!

Healthy meals created by certified canine nutritionists.

[Dog Food Recipes →](#)

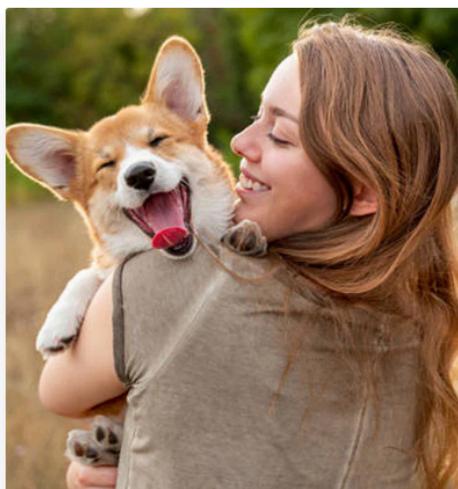


Every Dog is Different—Their Diet Should Be Too

Let's be real: no two dogs are the same. What works wonders for one might not suit another. That's why more Toronto pet owners are turning to **Your Canine Nutritionist**. They create personalized, science-backed diet plans that support digestive health and overall well-being.

Here's Why Your Canine Nutritionist Stands Out:

- **Tailored Meal Plans** that match your dog's breed, age, and needs
- **Evidence-Based Guidance**, not guesswork
- **Support You Can Count On**—from food choices to prep tips
- **Solutions for Sensitive Dogs**, including allergy-friendly and grain-free diets



About Us

We are passionate about improving your dog's health through personalized diet plans and commercial food formulations.

Our certified canine nutritionist, Martina Schumann, brings over 20 years of experience and a genuine love for animals to every consultation.

[More About Us](#)

Let's Get Your Dog Feeling Their Best

A happy gut means a happier dog—and a happier you. If your pup has been dealing with tummy troubles, don't leave it to chance. Get expert support designed just for them.

[Book a consultation with Your Canine Nutritionist today](#) and start your dog's journey toward a healthier, more comfortable life.