

5-1 Volleyball Rotation Pdf

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Volleyball, 3-passer Rotation System Rotation #2 I VI V II III IV OH 1 S 1 MB 2 OH 2 MB 1 S 1 OH 1 MB 2 Lib OH 2 S 1 MB 2 OH 2 OH 1 Lib Starting Court Position Serve Receive Base. Most people who have played any volleyball have been introduced to the idea of service rotation. There are six positions on the court (3 front row and 3 back row) and one of the positions is . Learn how to run a volleyball rotation, a popular offensive strategy that uses one setter and five other players on court. See the advantages, disadvantages, and diagrams of this formation, and download a printable PDF for easy reference. See more. Volleyball, 3passer Rotation System S 1 = Setter 1 Lib = Libero OPP 1 = Opposite Hitter 1 OH 1 = Outside Hitter 1 MB 1 = Middle Blocker 1 OH 2 = Outside Hitter 2 MB 2 = Middle Blocker 2 Rotation #4 I VI V II III IV OH 2 S MB 1 S S 1 OH 1 MB 2 OH 2 MB 1 Lib OH 1 MB 1 OH 2 OH 1 Lib Starting Court Position Serve Receive Base Defense OH 2 OH 1. rotation 4 serve rotation 5 serve rotation 6 serve subs op subs o2 subs m2 (serves) (serves) lib lib o1 op o2op o2m2set m2seto1 seto1m1 rotation 4 receive rotation 5 receive rotation 6 receive subs op subs op subs op o1 lib o2 lib o2 lib o2 o1 o1 m2 m2 m1 set set set *front row in red net net net net net rotation (). Serve Receive Rotation 4 (Setter in 4) Serve Receive Rotation 5 (Setter in 3) Serve Receive Rotation 6 (Setter in 2).