



Understanding Fibroid Pain During Pregnancy and Its Impact

[Fibroid pain during pregnancy](#) can affect each trimester differently, with potential complications. Learn more about management and treatment options.

UNDERSTANDING PAIN DURING PREGNANCY AND HOW TO MANAGE IT

PAIN MANAGEMENT STRATEGIES

Fibroid pain during pregnancy is typically managed conservatively through bed rest, adequate hydration, and the use of analgesics. Prostaglandin synthase inhibitors, such as nonsteroidal anti-inflammatory drugs (NSAIDs), should be used cautiously, especially in the third trimester, due to potential fetal and neonatal adverse effects

POTENTIAL COMPLICATIONS

In rare cases, fibroids can undergo degeneration during pregnancy, leading to severe pain. This occurs when a pedunculated fibroid twists, cutting off its blood supply, resulting in symptoms like acute pain, fever, and abdominal tenderness .

SURGICAL CONSIDERATIONS

Surgical intervention for fibroid pain during pregnancy is uncommon but may be necessary in cases of intractable pain or complications.

Myomectomy, the surgical removal of fibroids, can

Myomectomy, the surgical removal of fibroids, can be performed during pregnancy, particularly in the first and second trimesters, under specific circumstances .



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