



# Common Types of Gym Equipment Available at Auctions

At [gym equipment auctions](#), you'll find a variety of machines, including cardio equipment like treadmills, ellipticals, and stationary bikes, strength training machines such as weight benches, resistance machines, and squat racks, as well as free weights, dumbbells, and accessories like mats, balls, and storage units. These auctions offer a wide selection of both commercial and home gym equipment at often discounted prices.

# Common Types of Gym Equipment Available at Auctions

**Gym equipment auctions** offer a diverse selection of fitness tools for both home and commercial gyms, providing access to high-quality equipment at potentially lower prices. Here are the common types of gym equipment available at auctions:-

**Treadmills**

**Ellipticals**

**Weight  
Benches**

**Barbell  
Sets**

**Spin Bikes**

**Rowing  
Machines**

**Dumbbells**

**Kettlebells**

**Cable  
Machines**

**Adjustable  
Squat Racks**

