



# Ketogenic Diet For Epilepsy Pdf

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The main diet people think of is the “classic” ketogenic diet. There are 3 other diet therapies used to treat seizures: Medium-chain triglyceride diet (MCT), Modified Atkins Diet (MAD), and Low . As Little as \$4/Week · Number One Diet Program · Healthy Weight Loss · Text Us Amenities: Great Menu Options, Delicious Easy Meal Plans, All New Features. The ketogenic diet has special appeal to families because changing what a child eats seems like a more “natural” way of preventing seizures than taking pills. Nov 20, · The ketogenic diet (KD) is a high-fat, low-carbohydrate diet with adequate protein that’s a nonpharmacologic treatment for refractory epilepsy. 1,2 Although the use of the KD was first reported in by Russell M. Wilder, MD, at Mayo Clinic, 1,3 Hippocrates established in the. Oct 28, · Identifying suitable candidates and conferring criteria for selecting patients who are likely to benefit (‘good responder’) from the ketogenic diet is critical for earlier intervention minimizing the burden of seizures and long-term polytherapy. WHAT IS THE KETOGENIC DIET? The ketogenic diet is a therapeutic diet high in fat and very low in carbohydrates and protein. It is prescribed for children who have seizures that are difficult to control with current medications. It has had more limited use in adults who do not seem to respond as readily to it.