



Is Gynecomastia Surgery Safe?

Contrary to popular belief, women are not the only ones who experience unwanted excessive **breast tissue**. Even men can develop a condition known as **gynecomastia** which is also known as **male breast** or **man boobs**. [Gynecomastia in Delhi](#) refers to a condition in which the **breast tissues** in men become swollen and enlarged. It often has a devastating effect on the confidence of a person.



Gynecomastia Surgery: Is It Safe?

Aestiva Plastic Surgery Clinic is one of the most preferred centers for surgery of **Gynecomastia in Delhi**. It is because the surgeries are performed by **Dr. Mrinalini Sharma**, who has an experience of 19+ years in the field of **cosmetic plastic surgery**. So, one can rest assured of a safe procedure and optimum results.

This surgery performed for **Gynecomastia in Delhi** helps by removing excess **glandular tissue** as well as unwanted fat in the chest area. Thus, restoring a **masculine chest contour**.

Gynecomastia surgery is entirely safe when carried out by a licensed and skilled **plastic surgeon**. Along with having a seamless recovery following the procedure, most male patients enjoy excellent outcomes. All of this depends on the surgeon and how experienced they are in performing the **surgery**.

Is It Worth Undergoing Gynecomastia Surgery?

No pills, creams or non-surgical treatments can help with this condition. **Gynecomastia surgery** is the only effective way to have a more toned, sculpted chest that looks masculine and attractive. It can boost self-image and confidence. **Male Breast Reduction Surgery in Delhi** can also improve quality of life by **reducing pain** and suffering associated with the condition.

Schedule a Consultation With Best Gynecomastia Surgeon

Those wanting to get **gynecomastia surgery** to flatten and tone the chest can consult **Dr. Mrinalini Sharma**, an expert **male breast reduction surgeon in Delhi**, at **Aestiva Clinic**. During the consultation, the **expert surgeon** will discuss your particular concerns and desired results and determine if you are a suitable candidate for the procedure.

Cost of Surgery for Gynecomastia in Delhi

The **cost of gynecomastia surgery** ranges from **Rs. 50,000** to **Rs. 90,000**. This varies from patient to patient and depends on factors such as the extent of the procedure, the surgeon's experience, medications, etc.

For more details, visit the best **male breast reduction surgeon in Delhi!**