

## Discernment Counseling Questions Pdf

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Discernment counselling, created by William Doherty, Ph.D., can help you and your partner find greater clarity and confidence in your next step. For some couples, the process helps clarify . Explain the discernment counseling process (first session only). a. One to five sessions with a goal of a clear and confident decision on whether to move towards ending the relationship or . Y I V Mc MaR MZZ ^ S \ h aR Mb^ ] b S^ a bcMhW] U c 7 ^ a bR \_ MaMcW^ ] ^ a Q We^ aPR c. Y: ^ f \ d PV Q ^ ^ d a PV WZQ aR ] W] SZd R ] PR f V R cV R a ; bcMh ^ a U ^ c. Explain the discernment counseling process (first session only). a. One to five sessions with a goal of a clear and confident decision on whether to move towards ending the relationship or commitment to therapy to make the relationship work for both of partners. (Or status quo.) b. Discernment counseling focuses on three paths: staying married as you have been, separation or divorce, or a six-month all-out effort in couples therapy to see if you can make your marriage healthy and good for both of you. Discernment Counseling. Here's the guts of the approach. Discernment in Theory When one or both of the partners are reluctant to try to salvage the relationship in therapy, I propose this counseling as a short-term process with the goal of achieving greater clarity about whether to try to restore the marriage or to.