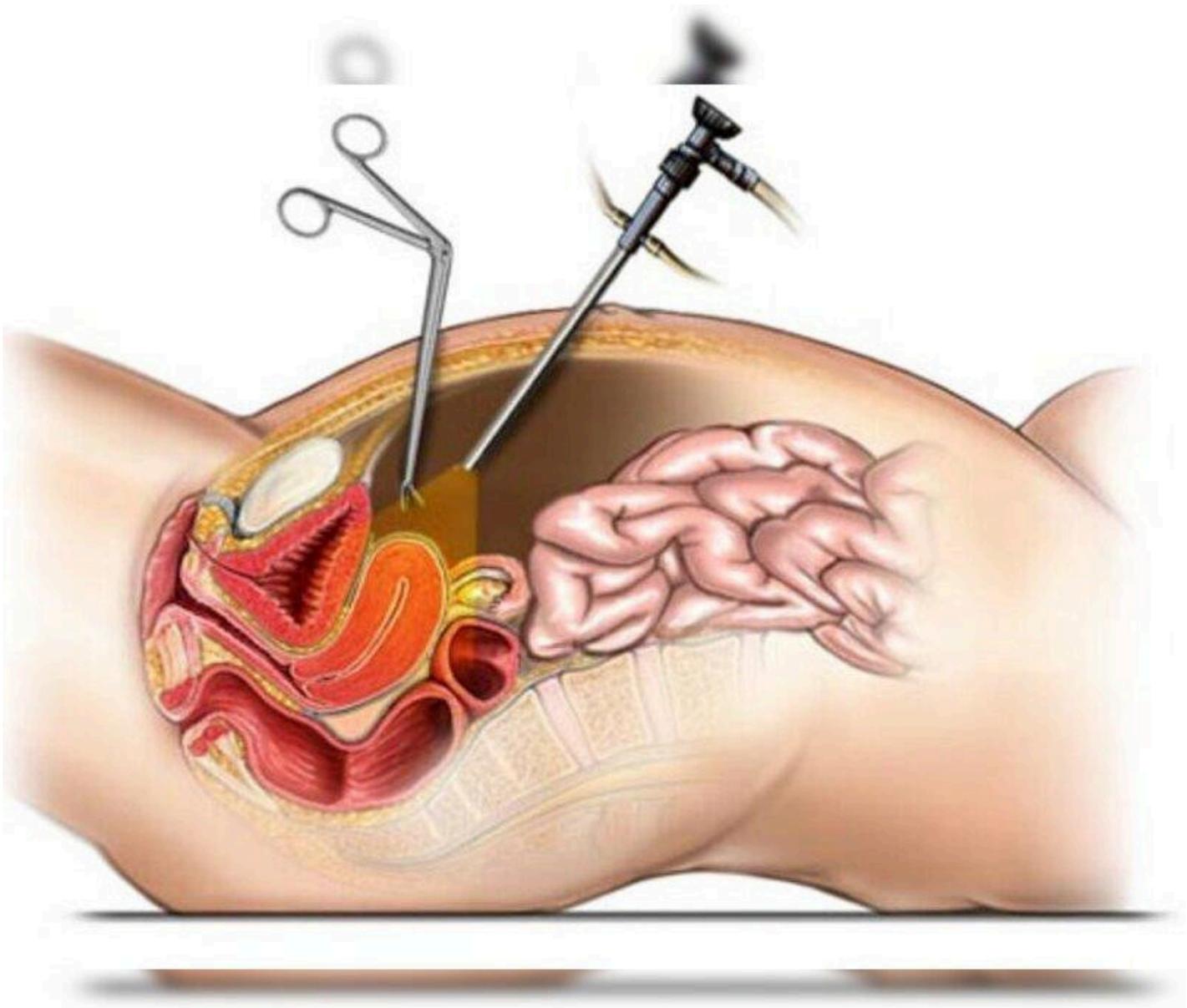




## Looking for the Best Uterus Removal Surgery in Borivali?



Uterus removal surgery, also known as hysterectomy, is a medical procedure performed to remove the uterus. This surgery is often recommended for conditions like fibroids, endometriosis, abnormal bleeding, or uterine cancer. If you are searching for [uterus removal surgery in Borivali](#), you can find experienced gynecologists and advanced medical facilities that offer safe and effective treatments.

The procedure can be performed through different methods, such as abdominal hysterectomy, vaginal hysterectomy, or laparoscopic hysterectomy, depending on the patient's condition and

medical history. Specialists providing uterus removal surgery in Borivali ensure a thorough diagnosis, personalized care, and advanced surgical techniques to promote faster recovery. For women considering uterus removal surgery in Borivali, local clinics and hospitals offer state-of-the-art facilities, experienced surgeons, and post-operative care to ensure a smooth recovery. Choosing the right specialist can make a significant difference in achieving the desired health outcome. Don't hesitate to seek expert advice for your gynecological health. Uterus removal surgery (hysterectomy) typically involves four main stages to ensure the procedure is smooth and successful. Here's a brief overview of each stage:

#### 1. Preoperative Preparation:

Before the surgery, the patient undergoes a thorough evaluation, including blood tests, imaging (like ultrasound or MRI), and a physical examination. The doctor discusses the procedure, its risks, benefits, and recovery process. Fasting for 6–8 hours before surgery is usually advised.

#### 2. Anesthesia Administration:

Anesthesia is administered to ensure the patient remains comfortable and pain-free during the procedure. Depending on the type of surgery, either general anesthesia (patient unconscious) or regional anesthesia (numbing the lower body) is used.

#### 3. Surgical Procedure:

The uterus is removed using one of the following methods:

- Abdominal Hysterectomy: An incision is made in the abdomen.
- Vaginal Hysterectomy: The uterus is removed through the vagina.
- Laparoscopic/Robotic Hysterectomy: Minimally invasive surgery with small incisions and specialized tools.

#### 4. Postoperative Recovery:

After the surgery, the patient is monitored in recovery for a few hours. Pain management, wound care, and gradual mobilization are part of the healing process. Full recovery typically takes 4–6 weeks, depending on the surgical method.

Each stage is crucial for ensuring a safe and successful uterus removal surgery.

Dr. Deepika Doshi, a gynecologist in Borivali, emphasizes the importance of specific precautions for uterus removal surgery to ensure a smooth procedure and recovery. Here are her key suggestions:

#### 1. Pre-Surgery Precautions:

- Medical Evaluation: Undergo a complete health check-up, including blood tests, ECG, and imaging scans, to assess overall fitness for surgery.
- Medication Management: Inform your doctor about any ongoing medications, including blood thinners, which may need to be adjusted.

- Dietary Precautions: Follow a light diet 24 hours before surgery and fast for at least 6–8 hours before the procedure.
- Stay Hydrated: Drink sufficient water up to the allowed fasting time to stay hydrated.

## 2. Post-Surgery Precautions:

- Wound Care: Keep the surgical site clean and dry to prevent infections. Follow your doctor's instructions for dressing changes if needed.
- Avoid Heavy Activities: Avoid lifting heavy objects or strenuous activities for at least 6 weeks to allow proper healing.
- Healthy Diet: Eat a balanced diet rich in fiber, protein, and vitamins to promote recovery and prevent constipation.
- Follow-Up Appointments: Attend all post-surgery check-ups to monitor healing progress and address any complications.

By following these precautions, Dr. Deepika Doshi ensures that patients undergoing uterus removal surgery experience minimal risks and a smooth recovery.

Clinic Location:

[Dhaval Apartment, Factory Lane, near Borivali Railway Station, Bhatt Chawl, Mini Zaveri Bazaar, Mhatre Wadi, Borivali West, Mumbai, Maharashtra 400092](#)

## Easy Ways to Reach the Clinic

### 1. For Patients Using the Western Line:

- Take a local train on the Western Railway and get down at Borivali Railway Station.
- Exit from the West side of the station.
- Walk towards Factory Lane, near Mini Zaveri Bazaar. The clinic is located at Dhaval Apartment, just a 5-7 minute walk from the station.

### 2. For Patients Using the Central Line:

- Take a Central Line train to Dadar Station.
- Switch to the Western Line at Dadar and board a train towards Borivali Station.
- Follow the same directions as mentioned above (Exit from West Side).

### 3. For Patients Coming from Outside Mumbai:

- Arrive at Borivali Railway Station if traveling by long-distance trains on the Western Railway.
- Alternatively, from Mumbai Airport (Domestic/International Terminal):
  - Hire a cab or take a local taxi/rickshaw towards Borivali West, Mhatre Wadi. The travel time is approximately 30-45 minutes, depending on traffic.
- From Mumbai Central or CST Station: Take a Western Line local train to Borivali Railway Station.

**The clinic's proximity to Borivali Railway Station ensures that it is easily accessible for patients from Mumbai and beyond. Clear signage near Mini Zaveri Bazaar and Mhatre Wadi helps locate the clinic conveniently.**