



What Is the Minimum TDS for Drinking Water?

Are you wondering **what TDS level is safe for drinking water?** 🤔 The **Total Dissolved Solids (TDS)** in water determine its purity and mineral content. Too high can mean contamination, and too low can strip away essential minerals.

👉 [Find out the ideal TDS level for drinking water here!](#)

Recommended TDS Levels for Drinking Water

- ✓ **50-150 ppm** – Best for drinking, contains necessary minerals.
- ✓ **150-500 ppm** – Acceptable but may contain excess salts.
- ✓ **Above 500 ppm** – May affect taste and pose health risks.
- ✓ **Below 50 ppm** – Lacks essential minerals, making water "too pure."

Do You Need an RO Water Purifier?

If your water has **TDS above 300 ppm**, an **RO purifier** helps remove excess contaminants. But if the TDS is too low, a **mineral cartridge** can restore essential minerals.

💡 **Learn more about the best TDS levels for drinking water:**

👉 [Complete Guide on Minimum TDS for Drinking Water](#)

#TDSLevel #DrinkingWater #ROSystem #WaterPurifier #WaterQuality