



Busting Common Myths About Colorectal Cancer

Debunking

COLORECTAL CANCER MYTHS:

Let's Discuss

Dr. Suvadip Chakrabarti
SURGICAL ONCOLOGIST
#LetsRiseAboveCancer

Dr. Suvadip Chakrabarti
MCh Surgical Oncology

+919330179441

Colorectal cancer is one of the most common and treatable cancers when detected early. However, misconceptions about the disease often lead to unnecessary fear or delayed medical intervention. In this article, we'll separate fact from fiction and provide clear, science-backed information.

Fact vs. Fiction: Understanding Colorectal Cancer

Fiction: Only Older Adults Get Colorectal Cancer

Fact: While the risk increases with age, colorectal cancer is rising among younger adults due to lifestyle factors like poor diet, obesity, and sedentary habits.

Fiction: Colonoscopies Are Unbearable and Dangerous

Fact: A colonoscopy is a safe, painless procedure performed under sedation. It remains the gold standard for detecting and preventing colorectal cancer by removing precancerous polyps.

Fiction: Surgery Can Spread Colorectal Cancer

Fact: Surgery does not spread cancer. When performed by an experienced surgical oncologist in Kolkata, it is a crucial step in eliminating the disease and improving survival rates.

Fiction: If You Have No Symptoms, You Don't Need Screening

Fact: Early-stage colorectal cancer often has no symptoms. That's why routine screenings, especially for high-risk individuals, are essential for early detection and prevention.

Why Expert Guidance Matters

If you have concerns about [colorectal cancer](#), seek expert consultation. Dr. Suvadip Chakrabarti, a trusted [surgical oncologist in Kolkata](#), provides advanced treatments and guidance to ensure the best outcomes.

Take Control of Your Health

Don't let myths hold you back from taking proactive steps. Early detection, regular screenings, and a healthy lifestyle can make a significant difference in preventing and treating colorectal cancer.