



Eating Disorder Assessment Pdf

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comprehensive assessment and seek eating disorders-specific services. Shared care with multidisciplinary peer input is considered best practice Referral E.g. GPs, health professionals, PHNs, schools, emergency departments E.g. Private and community health practitioners, child and youth mental health services. Eating Attitudes Test (EAT) The following screening questionnaire is designed to help you determine if your eating behaviors and attitudes warrant further evaluation. The questionnaire is not intended to provide a diagnosis. Rather, it identifies the presence of symptoms that are consistent with a possible eating disorder. Screen for Disordered Eating (SDE) 1. Do you often feel the desire to eat when you are emotionally upset or stressed? Yes NO 2. Do you often feel that you can't control what or Improving the accuracy of eating disorder screening in primary care. Gen Hosp Psychiatry, 50, A 6-question quiz to detect and aid in the treatment of eating disorders of any type. A score of 2 or more indicates a likely case of eating disorder and suggests further evaluation. Screen for Disordered Eating (SDE) 1. Do you often feel the desire to eat when you are emotionally upset or stressed? Yes NO 2. Do you often feel that you can't control what or how much you eat? Yes No 3. Do you sometimes make yourself throw up (vomit) to control your weight? Yes No 4. Are you often preoccupied with a desire to be thinner?. To identify if your patient has an eating disorder, you may first wish to use The Renfrew Center's one-page screening scale entitled, "Eating Disorder Questionnaire."