



# Having a Baby at 40: Benefits, Risks, and What to Expect

The biggest benefit for women getting pregnancy or postponing pregnancy until 40s is to get financially stable in life. The flip side is that having a baby after or near 40 increases certain risks. But the truth of the matter is that [best IVF centre in Pune](#) through their customized treatment can ensure a healthy pregnancy at older ages.

The first risk or challenge to pregnancy in 40s is the fertility. The biggest risk to be considered once you get older. Statistics say that when a woman is in late 30s, the chance of pregnancy is 60% and the conceiving percentage decreases as one grows older. But the advantage here is that this depends on women to women. The second most critical risk at 40s is the chance of miscarriage. This risk also builds up as you grow older since most people tend to have chronic condition like thyroid, blood pressure and diabetes.

The [best fertility clinic in Pune](#) can solve these 2 high risk problems with customized treatments. The doctors undertake required tests to estimate how well the eggs are holding up and suggest the best solutions. The specialists in [best IVF hospital in Pune](#) suggest newer medications which are tested and compatible with the health of all the patients.

The fundamental about human body is that even healthy women can have difficulties in pregnancy. When you're at 40s, and trying to get a baby, the other complications which one needs to be aware are:

- Low birth weight of a child – resulting in complications as they grow.
- Cesarean birth
- Complications to mother after birth including – blood pressure increase, preeclampsia and diabetes.
- Physical stress and mental pressure.
- Premature birth.

With proper prenatal care and treatment from the best **fertility clinic in Pune**, the chances of having a healthy baby are still countless.

Take the right decision now; it's not too late, consult the nearest **IVF hospital in Pune** and enjoy your treatment and pregnancy.