



WORRIED ABOUT WEAK DONOR AREAS FOR YOUR HAIR TRANSPLANT SURGERY?



Hair loss is a major cause of concern, although you can opt for hair transplants to address your balding issues. Now, when you want to undergo hair transplants, having strong donor areas is a prerequisite. The healthy hair follicles from the donor area are extracted for transplantation at the recipient site. But what do you do if you have weak donor areas? Now, there's nothing to worry about because technological advancements have made it possible to have hair transplants with weak donor areas too.

Well, as part of hair transplantation for weak donor areas, your doctor can extract hair from other parts of the body. Another option is to extract hair from the weak donor areas via specialized techniques. Hence, you can have a hair transplant despite limited donor hair availability.

Herein you can find more information about hair transplants for weak donor areas.

How important is Donor Hair in Hair Transplants?

The donor area has significance because it provides the hair follicles for transplantation at the recipient site. Along with being strong and healthy, the hair follicles must have a smooth texture and fine color for optimal results.

The areas located on the sides and back of the scalp are considered to be the best donor areas because they are resistant to Dihydrotestosterone (DHT), which is deemed to be the main cause of hair loss.

You must also keep in mind that only a limited amount of hair can be harvested from the donor area. This makes it important for the surgeon to plan the transplantation process carefully, ensuring enough hair follicles are available for extraction. Also, persons with weak donor areas may require many transplantation sessions to increase their hair density.

Hair Transplant Options for Weak Donor Areas

Donor areas are resistant to hair loss, making them suitable for transplantation. For people with weak donor areas, hair transplant surgeons may examine other parts of the body where the hair growth is thick. These include the beard, abdomen, and chest. Although the hair in these areas may be thin, it may be suitable for transplantation onto the scalp.

For certain patients, some surgeons also combine donor hair from multiple sites for the desired results. Moreover, they could consider extracting hair from the hands and feet. Nonetheless, this is not advisable to do so because such hair may be very thin to be visible on the scalp. In addition to that, these hair may have a long and erratic hair growth cycle.

There are other ways to overcome issues of weak donor areas for hair transplants:

1. [Platelet-Rich Plasma \(PRP\) Therapy](#)

As part of PRP therapy, the patient's platelet-rich plasma is injected into their scalp to promote hair growth. By doing so, their hair quality also improves, delivering the desirable outcomes of a hair transplant.

2. FUE (Follicular Unit Extraction) Using Body Hair

This hair transplantation method involves extracting hair from areas of the body that have thick hair (including legs, chest, and beard) for transplantation onto the scalp. Besides people with weak donor areas, this technique is recommended for patients who have undergone multiple hair transplant surgeries.

3. [QR 678](#)

The QR 678 hair growth restoration therapy involves injecting a specially formulated solution containing various growth factors into the scalp, encouraging natural hair growth.

4. Hair Cloning

Hair cloning entails extracting healthy hair follicles from the patient's scalp for cloning in a laboratory. Subsequently, the hair specialists transplant the cloned hair follicles onto the scalp to encourage new hair growth.

Importantly, always discuss your hair transplantation options with your surgeon, along with your hair care goals, for a suitable treatment plan for you.

Donor Areas Determine the Success of Hair Transplants

When it comes to hair transplant surgeries, the donor area is crucial because hair follicles are extracted from therein. They determine the number and quality of hair follicles that can be transplanted. If there are no healthy hair follicles in the donor areas, there are fewer chances of the [hair transplant surgery](#) imparting satisfactory results.

Besides, people with cicatricial alopecia or unpatterned alopecia cannot undergo hair transplants even if they have strong donor areas. That's because these hair disorders affect the quality of hair follicles, due to which they may not even survive the hair transplantation procedure.

In addition to that, age is a determining factor for hair transplants. Youngsters below the age of 27 years are not ideal candidates for hair transplant surgeries because their hair loss pattern and severity are not developed completely, causing uncertainty about the results.

In a nutshell, a weak donor area can affect the results of hair transplantation. That's why you must always consult qualified surgeons to devise a customized treatment plan aligning with your goals and needs.

Wrapping Up

So, we have seen that even people with weak donor areas can undergo hair transplants for healthy and natural hair growth. However, not everybody is a good candidate for hair transplants. With [Kosmoderma Clinic](#), you can count on our qualified team of hair transplant

surgeons to determine whether you are a suitable candidate for a hair transplant and draft the best course of action for you.

FAQs

1. What happens if enough donor hair is not available?

Some people have weak donor areas and hair transplant surgeons extract hair from the chest and abdomen to transplant onto the scalp in such cases.

2. Who are good candidates for hair transplant surgery?

Candidates with healthy hair on the sides and back of the scalp are ideal candidates for hair transplants. The healthy hair follicles from these donor areas can be transplanted onto the scalp.

3) Are hair transplants painful?

Hair transplant surgeons administer local or intravenous anesthesia to the patients to reduce their discomfort during the hair transplant surgery.