



Managing Varicose Veins and Other Vein Disorders

Varicose veins and related symptoms like leg swelling and skin changes can impact your daily life. Recognizing these symptoms early and visiting a [Varicose Veins doctor in Mumbai](#) can make a huge difference. Dr. Jathin's Vein Center is home to a skilled vein specialist who offers comprehensive care to treat vein diseases at every stage. Don't wait for complications—schedule an appointment today!

The Stages of **Vein Diseases** and Symptoms

1 Spider Veins

Spider veins or reticular veins are the first stages of vein disease. You'll notice the spidery purple veins that first appear on your skin.



2 Varicose Veins

This stage includes bulging or rope-like veins in your legs accompanied by pain, swelling, and tingling. Symptoms include heaviness, itching, pain, and inflammation.



3 Edema (Swelling)

Your ankles and legs swell from pooling blood in your lower legs causing pain and heaviness in your legs.



4 Skin Change

The chronic swelling skin can become dark brown or purple in color or skin can become thin, dry or



hardened.

5 Venous Ulcers

venous leg ulcers are open wounds they can attract bacteria causing further pain and increasing odds of infection. This can make it extremely painful to move around.



www.drjathinsveincenter.com

Varicose veins cause discomfort and complications. If you have symptoms like bulging veins, itching, swelling, or leg pain, contact **Dr. Jathin for expert evaluation and vein treatment.**