



Get Expert Varicose Veins Treatment in Mumbai with Dr Kunal Arora's Expert Treatment in MumbaiVarico



Varicose veins are a common health issue affecting millions of people worldwide. These swollen and enlarged veins, often appearing as blue or dark purple lumps under the skin, can cause discomfort, and pain, and even lead to severe complications if left untreated. If you're looking for a solution to your varicose vein problems in Mumbai, Dr Kunal Arora is here to help. With his expertise and advanced treatment options, you can regain your confidence and say goodbye to varicose veins for good.

What are Varicose Veins?

Varicose veins are a surface symptom of a deeper vein disease called chronic venous insufficiency (CVI). CVI occurs when the valves in your veins become weak or damaged, causing blood to flow backward and pool in the veins. This results in the veins becoming swollen and enlarged, leading to the appearance of varicose veins.

Symptoms of Varicose Veins

Varicose veins can present with various symptoms, including:

- Large veins visible on the skin
- Swelling in the ankles and feet

- Pain, aching, or "heavy" legs
- Throbbing or cramping in the legs
- Itchy legs, especially around the ankles
- Discolored skin around the varicose vein
- Blackening of the skin, skin hardening, and skin ulceration in severe cases

If you experience any of these symptoms, consult Dr Kunal Arora for an accurate diagnosis and effective treatment.

Causes and Risk Factors

Varicose veins are caused by weak or damaged valves in the veins, which can be due to several factors, including:

- Family history
- Age
- Gender (women are more prone to varicose veins)
- Pregnancy
- Overweight or obesity
- Lack of movement

Being aware of these risk factors can help you take preventive measures and seek early treatment if needed.

Stages of Varicose Veins

Varicose veins progress through several stages, from spider veins to active ulceration. Here are the stages of varicose veins:

1. Spider Veins: Small, reddish-purple veins appear on the legs, ankles, neck, face, and other areas.
2. Varicose Veins: Swollen veins become visible, often accompanied by itching, burning, or numbness.
3. Edema: Swelling in the legs and ankles increases due to impaired circulatory system function.
4. Skin Changes and Discolouration: Venous congestion and poor circulation lead to changes in skin colour and texture.
5. Skin Changes with Healed Ulceration: Scratches or injuries to the toughened skin may heal with treatment, often leaving scars.
6. Skin Changes with Active Ulceration: Injuries to the skin and leg ulcers refuse to heal even with treatment.

Understanding these stages can help you identify the severity of your varicose veins and seek appropriate treatment.

How are Varicose Veins Diagnosed?

Dr Kunal Arora diagnoses varicose veins through a physical exam and diagnostic tests, such as Doppler ultrasound and venograms. These tests help evaluate blood flow and identify any underlying issues, ensuring an accurate diagnosis and personalized treatment plan.

Treatment Options

Dr Kunal Arora offers various treatment options for varicose veins, including:

- [VARICOSE VEINS](#)
- [DEEP VEIN THROMBOSIS](#)
- [PERIPHERAL VASCULAR DISEASE](#)
- [AORTIC INTERVENTIONS](#)
- [GENITOURINARY INTERVENTIONS](#)
- [DIALYSIS INTERVENTIONS](#)
- [NEUROINTERVENTION](#)

These treatments aim to alleviate symptoms, prevent complications, and improve the appearance of affected veins.

Varicose veins can be uncomfortable and unsightly, but with Dr Kunal Arora's expert treatment in Mumbai, you can regain your confidence and enjoy life without the burden of varicose veins.

Don't let varicose veins hold you back – [schedule a consultation](#) with Dr. Kunal Arora today and take the first step towards a varicose vein-free life - [Call now](#) at +91 90040 93090.

[#interventional radiologist in mumbai#best varicose treatment#dr. kunal arora#vascularhealth#endovascular care centre#varicoseveintreatment#best interventional radiologist in mumbai#deep vein thrombosis#veintreatment#healthcare](#)