



What the Bible Says About Letting Go of Anger

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Here are some Bible verses that relate to anger.

- [Ephesians 4:31](#)

"Let all bitterness and wrath and anger and clamor and slander be put away from you"

- [Psalm 37: 8-9](#)

"Refrain from anger, and forsake wrath! Fret not yourself; it tends only to evil"

- [Proverbs 14:29](#)

"He who is slow to wrath has great understanding, but he who is impulsive exalts folly"

- [James 1:19-21](#)

Be quick to hear, slow to speak, and slow to anger

[Sinful Anger and Overcoming It: A 7-Step Christian Approach](#)

[A Biblical Look at Anger Management](#)

[10 Bible Verses about How to Control Anger](#)



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[Pastor Michael Todd on turning trauma to triumph | FOX 5 News](#)



BOOK: [Damaged but Not Destroyed: From Trauma to Triumph](#)

BOOK: [Relationship Goals: How to Win at Dating, Marriage, and Sex](#)

BOOK: [Crazy Faith: It's Only Crazy Until It Happens](#)