



# Understanding the Impact of HVAC Systems on Indoor Air Quality

Indoor air quality (IAQ) is a critical factor that affects our health and well-being. Many people are unaware that the heating, ventilation, and air conditioning (HVAC) system in their homes or offices plays a significant role in maintaining good indoor air quality. In this article, we will explore how HVAC systems affect IAQ and provide tips to improve it.

Learn more - <https://homeshopsite.com/understanding-the-impact-of-hvac-systems-on-indoor-air-quality/>