



What are the Most Common Myths Preconception Counselling?

There are many myths and misconceptions about preconception counselling. One of the most common ones is that [preconception counselling](#) is only for females. However, both husband and wife are advised to attend the counselling because the male partner also has a vital role in ensuring that their pregnancy journey is smooth and comfortable.

Source: [Debunking 4 Myths Surrounding Preconception Counselling](#)