



How to Make Alzheimers Patients Happy?

Doing activities every day is essential for people with [Alzheimer's disease](#) or other types of dementia. These activities can help them keep their abilities and feel independent. Activities that involve the senses, light exercise, and things that make the brain think are good for them. It can also make them feel less anxious or upset, which can help the people who take care of them feel less stressed.