



Do Wireless Headphones Cause Hearing Damage? What You Need to Know

While wireless headphones offer convenience, there are concerns about potential hearing damage, especially at high volumes or with prolonged use. Risks include higher volumes, noise masking, and continuous use without breaks. Although more research is needed, keeping the volume moderate and taking regular breaks is key to safe listening. Wireless headphones can be safe if used responsibly, but caution is advised to protect your hearing health. Learn more at <https://medium.com/@electricatlantic/do-wireless-headphones-cause-hearing-damage-what-you-need-to-know-72eff7fb935>