



A Guide to Picking Your Perfect Natural Nail Color

Find the natural nail color that works with your skin tone

Too often we ignore caring for our hands in favor of hair, body, or facial treatments. While hands and nails may not be the very first thing we notice about someone, they're one of the most prominent indicators of self-care.

So why not enhance your look with a subtle shade of nude? A nude is a color that everyone needs in their nail care arsenal. For times when you just don't know what nail color to pick — or when you simply want a more subtle look — a more natural nail color is a great go-to.

How to Determine Your Undertones

Choosing a shade that subtly complements your skin tone is only one piece of the puzzle. The next step: figuring out your undertones. This is the difference between finding your true [natural nail color](#), and one that only kinda matches you.

We've listed a few different ways to determine your undertones to determine your perfect natural nail color below. Choose the easiest test for you, or try out a couple if you want to be extra sure!

The White Paper Test

Hold a stark white piece of paper up against your hands. Notice a yellowish hue? You probably have warm undertones. If you find pink or bluish-red hues, you probably have cool undertones.

White Vs. Off-White Test

Find a stark white piece of clothing, preferably a t-shirt or blouse. Compare that to an off-white piece of clothing. If you find that you look washed out or better in off-white clothing, chances are you've got a warm undertone. Skin with neutral undertones might rock both without looking drained of color.

The Vein Test

Green veins usually point to warm undertones. Blue to purple veins lean towards cool undertones. Veins that blend into your skin or contain no visible color can mean you've got neutral undertones.

The Tanning Test

If you tanned easily in the past, you likely have warmer undertones. If you tend to get red or burn in the sun without sunscreen, then you likely have warmer undertones.

Conclusion

To maintain your [natural nail color](#) for as long as possible, you need to prep and protect your nails. Not only will these steps help your true natural nail color last longer, your nails will be healthier as a result! You'll also get a richer, glossier shade of nude suited to your skin.