

Mcdonalds Breakfast Nutrition Pdf

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The McDonald's nutrition calculator lets you add up the nutrition facts, calories & weight watchers points for your McDonald's meal. Please note that these nutrition values are estimated based on our standard serving portions. As food servings may have a slight variance each time you visit, please expect these values to be . Home | Family and Consumer Sciences. Please note that these nutrition values are estimated based on our standard serving portions. As food servings may have a slight variance each time you visit, please expect these values to be with in 10% +/- of your actual meal. McDonald's understands the importance of providing complete and accurate nutrition information to our customers. Because every customer uses nutrition information differently, we provide two ways to view our nutrition information. Aug 4, · Below are the full nutrition facts for the full McDonald's Canada menu. Select any item to view the complete nutritional information including calories, carbs, sodium and Weight Watchers points. You can also use our calorie filter to find the McDonald's menu item that best fits your diet.