

## Bariatric Surgery and Its Effect on Hormonal Imbalances in Women

For women, bariatric surgery is more than just a tool for weight loss—it's a gateway to a healthier life. Beyond shedding pounds, it can significantly impact hormone levels, often disrupted by obesity. This hormone shift can improve fertility, menstrual regularity, and overall well-being. A skilled bariatric surgeon in Tijuana can guide you through this transformational process, ensuring optimal results. However, understanding how hormonal changes occur and their effects is key to maximizing the benefits of surgery.

Learn more - <u>https://justlifehacks.com/bariatric-surgery-and-its-effect-on-hormonal-imbalances-in-women/</u>