



Things to Consider While Buying Newborn Diapers

Disposable diapers are nothing short of a boon for modern-day busy parents. Newborns are known to pee and poop a lot and cloth diapers just cannot cut it for them. New parents, who already suffer from lack of sleep, cannot afford to spend all their waking hours washing, cleaning and drying baby nappies. Such parents, especially when both are usually working and get minimal to no household help, swear by **newborn diapers**. These make their task so much easier and smoother while keeping their little one comfy, dry and happy. Modern diapers are very gentle on the baby's skin but many parents are still skeptical of their benefits and are scared of using them for various reasons. This article tries to bust those misconceptions and helps you to see the benefits that good quality diapers such as **MamyPoko Newborn** diapers can offer you.

Newborn Diapers

With the advancements in technology, disposable baby diapers have come a long way from their former prickly and uncomfortable counterparts found until a couple of decades back. Today's **newborn diapers** are made using breathable fabric which allows free circulation of air thus keeping your baby's skin healthy and cool and preventing rashes. These diapers can quickly and effectively soak up the liquid and trap it inside its multi-layered fabric arrangement. Such a design prevents moisture from surfacing back and thus keeps your baby comfortably dry for long hours. The fabric of diapers for newborns is very soft and usually hypoallergenic which doesn't irritate their delicate skin. Moreover, the elasticated waists and legs of such diapers are also quite soft but at the same time snugly contour their body to further aid in leakage protection.

Sizes and Types in Baby Diapers

You can find diapers for babies of different ages which are usually divided based on their weight. For example, you can get diapers for newborns weighing between 3-5 kgs marked as 'S' or small. Similarly, babies who are born prematurely and have a weight of less than 3 kgs can use special [premature baby diapers](#). These are extra small in size and designed to be extremely soft and gentle in the overtly delicate premature baby's skin. Mostly, these are **tape diapers newborns** find more comfortable to wear as they are adjustable and can be more easily put on them while they comfortably lie in their bed. As the sizes increase in these

diapers, **pant-style diapers for newborns** can be more commonly found as they are much easier to put on a constantly moving active baby. You can generally find baby diapers ranging in size from XS to XXXL, along with special preemie diapers for babies born with very low birth weights.

Are Premature Baby Diapers Safe

Diapers for premature babies are very safe to use. They are designed to put special emphasis on being extra-gentle, hypoallergenic and soft for the extra-delicate and sensitive skin of such babies. They are safe to be used immediately after their birth. However, some experts suggest that super-soft organic cotton nappies must only be used for babies, premature or otherwise until they are at least 6 days old. This time is enough for their skin to adapt to the outside environment and therefore is much less likely to react negatively with the use of disposable [newborn diapers](#).

Of course, you need to take general precautions while using any baby diaper:

- Not using a diaper for more than 4-6 hours at a stretch
- Immediately changing the diaper after the baby passes faeces in it
- Letting their skin air dry and leaving it bare between each diaper change
- Cleaning their skin, and between the skin fold thoroughly, going from front towards the back
- Using a barrier cream every time before putting on a fresh diaper

All of these points mentioned above are applicable for diaper change irrespective of how old your baby is as they can effectively prevent rashes and help them to stay dry, clean and comfortable.

How to Buy Newborn Diapers

Before you head out to buy diapers for your newborn, here are a few things you must take into consideration:

Type

There are different types of baby diapers that you can find in the market. [Tape diapers newborns](#) and [pant-style diapers for newborns](#) are the basic types that you need to choose for your baby as per your convenience and comfort. In addition to this, take care to buy a diaper that has a design to accommodate your baby's umbilical cord if it is still attached. This will prevent the diaper from putting any pressure on it, thus keeping your baby at ease.

Size

Baby diapers come in different sizes to accommodate babies belonging to different weight ranges. You can find diapers ranging from XS to XXXL in the market, each with their packs mentioning the weight which they can fit. You must read the pack label to check if your baby's weight falls well within that range before buying one. Some diaper brands also offer **premature baby diapers** for babies born prematurely with a weight less than 3 kgs.

Material

Although modern-day diapers are usually made to be extremely gentle for babies, especially for premature babies, it is always a good idea to check their ingredient list. Avoid any diaper that may contain harsh chemicals or skin irritants like SLS or paraben. It is ideal to opt for hypoallergenic diapers or if your baby is extra-sensitive, stick to diapers with organic cotton.

Absorbance

Your baby's diaper should not just be able to absorb enough liquid for 4-6 hours but must also be able to do so quickly and be able to retain it for long without letting it seep back out. You can only get to know this by testing a diaper of your choice.

Brand

Always opt for popular and reputable brands such as **MamyPoko Newborn** diapers which can live up to their promise of providing quality and safe products. Do your research and take recommendations from other parents before you pick a brand.

Conclusion

Baby diapers form a crucial part of their care kit which can not only help them stay dry and comfy but also save you from the constant mess and laundering efforts. They are completely safe for your newborn and even premature baby and can be used stress-free, following general rules of usage. So, now that you know how to buy **newborn diapers**, it is time to find the ideal one for your little one for comfortable days and nights for both of you.