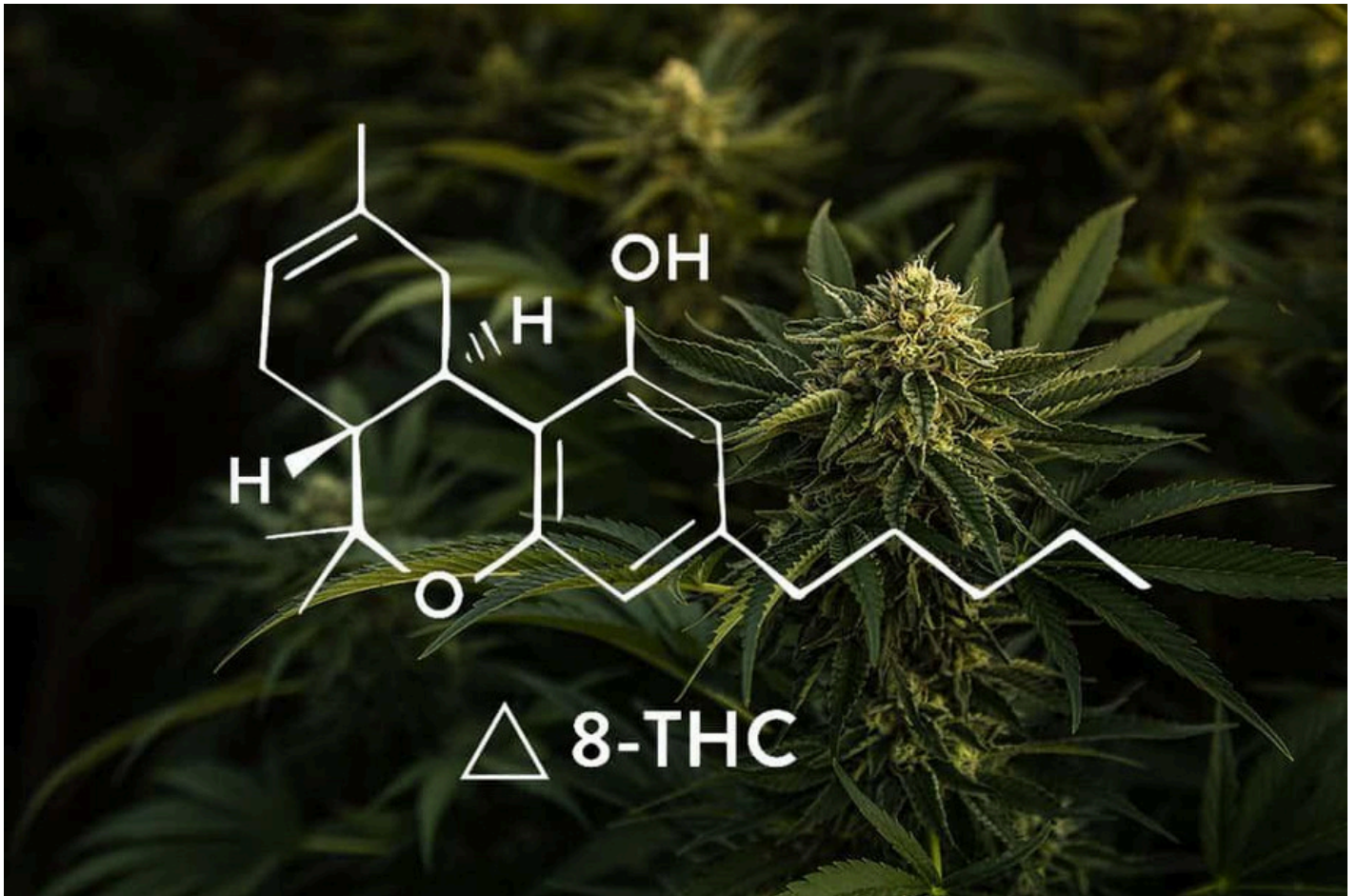




How long does Delta 8 stay in your system?



Delta 8 THC, also known as delta-8-tetrahydrocannabinol, is a compound found in the cannabis plant. It is similar to delta-9-tetrahydrocannabinol (THC), the primary psychoactive compound in cannabis, but is considered to be less potent.

Delta 8 THC is gaining popularity as a legal alternative to delta-9-THC, and many people are curious about how long it stays in the body. The answer to this question depends on several factors, including the method of consumption, the individual's metabolism, and the amount of Delta 8 THC consumed.

How long Delta 8 Stay in human body?

When consumed orally, Delta 8 THC is metabolized in the liver and broken down into several different compounds. These compounds are then eliminated through the urine and feces. The half-life of Delta 8 THC is estimated to be between 24-48 hours. This means that half of the Delta 8 THC consumed will be eliminated from the body within 24-48 hours. However, this process can vary greatly depending on the individual's metabolism and other factors.

When consumed through inhalation, Delta 8 THC is metabolized in the lungs and rapidly enters the bloodstream. The half-life of Delta 8 THC when consumed through inhalation is estimated to be between 2-4 hours. This means that half of the Delta 8 THC consumed will be eliminated from the body within 2-4 hours.

It is important to note that the detection time of Delta 8 [THC in a drug test](#) can vary depending on the test used. Some tests are more sensitive than others and may detect Delta 8 THC for a longer period of time. Additionally, the amount of Delta 8 THC consumed can also affect the detection time.

Conclusion

In conclusion, the amount of time that Delta 8 THC stays in the body depends on several factors, including the method of consumption and the individual's metabolism. The half-life of Delta 8 THC is estimated to be between 24-48 hours when consumed orally and 2-4 hours when consumed through inhalation. It is important to keep in mind that drug testing can vary and the amount of Delta 8 THC consumed can also affect the detection time. As always, it is important to consult with a healthcare professional before consuming any new substances.