



## How to improve your social life

“The most exhausting factor in life,” per Anne twenty-four hours Lucky Lindy, “is being gilded. That is why so much social life is exhausting: one is weaning a mask! ([Easy Ways to Improve Your Social Life](#))

If your social interests do not help you to return to your work with enthusiasm, if you cannot look upon your social life with the same relaxed enthusiasm that you turn to your favorite sport as a change of pace from your work, chances are you may be preoccupied with the peelings of life and missing out on some of its richest fruit.

