



Treatment for Clubfoot

Clubfoot is a condition in which a baby is born with the foot or feet turned inward. It is a common birth defect, but fortunately, it can be corrected with proper treatment. In most cases, the goal of treatment is to help the child gain full control of their foot and be able to walk properly.

The most common [treatment for clubfoot](#) is a series of casts, which are applied to the affected foot or feet and changed every two weeks. This process helps to slowly reshape the foot and correct the deformity. In some cases, surgery may be necessary to correct the clubfoot.