



Physical Therapy for Orthopedic Health | West Plano

The diagnosis, management, and prevention of [musculoskeletal injuries](#) and illnesses are all included in orthopedic health. With the right exercise and mobility, musculoskeletal disorders can be controlled and even completely healed. Your body heals naturally, and the physical therapists at FYZICAL West Plano can help you get back on your feet faster.

At FYZICAL West Plano, we provide free consultations to ascertain whether a physical therapy visit could be beneficial for your situation to assess and diagnose your musculoskeletal problems. Our licensed physical therapists will design a **personalized treatment plan** based on your needs, setting goals to assist with symptom management and enhance your quality of life. To make an appointment call us at - 972-996-4660 or mail at - westplano@fyzical.com or visit - <https://www.fyzical.com/west-plano-tx>