



# Strategies for Maximizing Physical Therapy Billing Efficiency



## Strategies to Improve Efficiency of Physical Therapy Billing



### Basics of Physical Therapy Billing

- Requires accurate coding and documentation
- Ensures timely reimbursement and compliance



### Types of Codes in Physical Therapy Billing



- CPT codes for procedures
- ICD-10 codes for diagnosis



### Commonly Used CPT Codes



- Evaluation Codes: Assess patient condition

- ✓ 97161: Low Complexity
- ✓ 97162: Moderate complexity
- ✓ 97163: high complexity
- ✓ 97164: Physical therapy re-evaluation

- Treatment Codes: Cover therapeutic exercises and modalities

- ✓ 97110: Therapeutic Exercise
- ✓ 97112: Neuromuscular Re-Education
- ✓ 97116: Gait Training
- ✓ 97140: Manual Therapy
- ✓ 97530: Therapeutic Activities

### Tips for Optimizing Physical Therapy Billing

- Verify patient eligibility before treatment
- Use precise codes to reduce denials
- Partner with **Unify Healthcare Services** for expert billing solutions



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For maximizing revenue and minimizing claim denial rates, it is imperative to [streamline physical therapy billing](#) procedures. Any physical therapy billing that can be termed 'efficient' must therefore start with precise documentation leading to correct use of **CPT and ICD-10 codes**, and timely submission of claims. An understanding of evaluation and treatment codes promotes proper reimbursement, while checking patient eligibility reduces administrative errors. Implementation of best practices, such as staying current on payer policies and working with professional billing support, completes the equation for optimizing revenue cycle management. **Unify Healthcare Services** provides specialized solutions to maximize efficiency and maintain seamless billing operations.