



## Throat Infection Remedies:



### Throat infection

Throat inflammation or sore throat is called pharyngitis in scientific language. It means Jantu Dosh or Germ Infection is a viral infection of the throat like a cold or flu. This infection subsides automatically within a few days.

Common symptoms of pharyngitis include sore throat or sore throat, sore throat while talking or swallowing, difficulty in swallowing, swollen and red tonsils, white patches on tonsils or pus formation. Symptoms include persistent runny nose, body aches, headache, sneezing, nausea or vomiting. Adults can tolerate all of these to some extent. But babies have trouble breathing. Also there is difficulty in swallowing and due to this there is constant drooling from the mouth. If this happens, they need to be taken to a doctor immediately.

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