



Expert PCOS Treatment in Borivali: Achieve Better Health with Dr. Deepika Doshi



Polycystic Ovary Syndrome (PCOS) is a common hormonal disorder affecting many women of reproductive age. It can cause various symptoms such as irregular periods, heavy bleeding, and fertility issues. If you are looking for effective [PCOS treatment in Borivali](#), Dr. Deepika Doshi at Dhanvantari Hospitals is here to provide comprehensive care tailored to your needs.

Understanding PCOS

PCOS is characterized by the presence of multiple small cysts on the ovaries, hormonal imbalances, and insulin resistance. The symptoms can vary but often include:

- Irregular menstrual cycles
- Heavy menstrual bleeding
- Weight gain
- Excessive hair growth

- Acne
- Thinning hair on the scalp

Seeking timely PCOS treatment in Borivali is crucial to managing these symptoms and preventing long-term complications like diabetes and heart disease.

Why Choose Dr. Deepika Doshi for PCOS Treatment in Borivali?

[Dr. Deepika Doshi](#), a renowned gynecologist in Borivali, has extensive experience in diagnosing and treating PCOS. Her patient-centric approach ensures that each treatment plan is customized to address the unique needs of every individual. Here's why Dr. Deepika stands out:

1. **Expertise and Experience:** With years of experience in treating PCOS, Dr. Deepika employs the latest medical advancements to provide effective treatment options.
2. **Holistic Approach:** Dr. Deepika believes in a holistic approach to PCOS treatment. Alongside medication, she emphasizes lifestyle changes such as diet and exercise to manage symptoms effectively.
3. **State-of-the-Art Facilities:** At Dhanvantari Hospitals, patients benefit from state-of-the-art medical facilities and a supportive healthcare environment.
4. **Personalized Care:** Dr. Deepika takes the time to understand each patient's condition and concerns, ensuring a personalized treatment plan that offers the best possible outcomes.

Effective PCOS Treatment Options

Dr. Deepika offers a range of treatment options for PCOS, including:

- **Medication:** Depending on the symptoms and severity, Dr. Deepika may prescribe medications to regulate menstrual cycles, manage insulin resistance, and reduce androgen levels.
- **Lifestyle Modifications:** Diet and exercise play a crucial role in managing PCOS. Dr. Deepika provides personalized dietary plans and exercise recommendations to help manage weight and improve overall health.
- **Hormonal Therapy:** For patients with severe symptoms, hormonal therapy may be recommended to restore hormonal balance and regularize menstrual cycles.
- **Fertility Treatment:** For women facing fertility issues due to PCOS, Dr. Deepika offers specialized fertility treatments to improve the chances of conception.

Consulting Address and Contact Information

For effective and compassionate PCOS treatment in Borivali, visit Dr. Deepika at one of her convenient locations:

- [Dhaval Apartment: Factory Lane, Near Railway Station, Borivali West, Mumbai – 400092](#)

- [Raghukul Building: Swami Vivekananda Marg, Dahisar East, Mumbai – 400068](#)

To schedule a consultation, call +91 9324263464 or 022 2833 8378.

Social Media Links:-

FACEBOOK:- <https://www.facebook.com/dhanvantarihospitals>

YOUTUBE:- https://www.youtube.com/channel/UCOQFA2JBH28LQm13H_5SIyw