



What Are CBD Concentrates? - An Essential Guide



What are [CBD concentrates](#)? Let this introduce you to CBD concentrates. By definition, CBD is known as, which is one of the major chemical compounds found in cannabis. In short, it is the psychoactive component of the cannabis plant. For some reason, many people have a hard time understanding how CBD can affect you or how it would even benefit you medically.

So, what are [CBD concentrates](#)? As stated above, they are a collection of items from the cannabidiol family which do wonders not only to maintain your body functions but your mind as well. In general, this collection of products include but are not limited to: shatter, best CBD oils, bondage, crumble, live-plum, crystals, waxes, and liquid extracts. They vary in their potency and come in different forms and strengths. Let me give you an example: shatter is the lowest potency and considered the least effective when it comes to relieving pain and reducing stress.

But, shatter is also the highest concentration of CBD oil there is. It is often used in topical applications and has been medically proven to help reduce seizures, muscle spasms, and nausea. Moreover, the highest quality of CBD extracts have been found to be in the best waxes and crystalline forms. However, all CBD concentrates are not created equal. Some concentrates may contain only a little bit of CBD oil while others may contain up to 40%.

To learn more about CBD concentrates, it would be best to learn about the extraction method. Although CBD extractions have been happening for decades in different parts of the world, the extraction method and the concentration of the CBD vary from one product to another. Most of the time, manufacturers just give a low potency CBD extract and call their product shatter or another similar name that does not have any CBD in it.

The extraction method used for CBD concentrates that contain a lot of oil can be performed using cold press, hot water extraction, carbon dioxide extraction or steam distillation. Cold extraction method uses low temperatures to pull out CBD oil. Hot water extraction method heats the CBD oil and then drives it through a large filter. Next, it is passed through carbon-topped filters with tiny holes in the middle. The last step is a final filtration using very fine organic hemp. This filtration process gives a product that has high CBD concentration but low potency.

On the other hand, the concentration of THC and CBD present in CBD concentrates are generally much higher than that of THC which is found in most pharmaceutical drugs. CBD is believed to act as a painkiller but studies have shown that CBD does not have the addictive potential of THC. Therefore, it is not surprising that many people consider CBD as a recreational substance that is less harmful compared to marijuana and other controlled substances. However, you should understand that irrespective of the CBD concentration in a CBD product; this substance is not comparable to cocaine, heroin or methamphetamine. CBD is considered as a safer alternative to these drugs.