



Popular Sushi in Charleston | Locals Sushi & Sports Pub

[Sushi Charleston](#) has a decent balance of protein from the meat or fish and carbs from the rice. **Locals Sushi & Sports Pub** Restaurant provides some of the best sushi. According to health experts, you can take sushi as your post-workout meal or snack. Contact us at [\(843\) 388-5114](#).

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