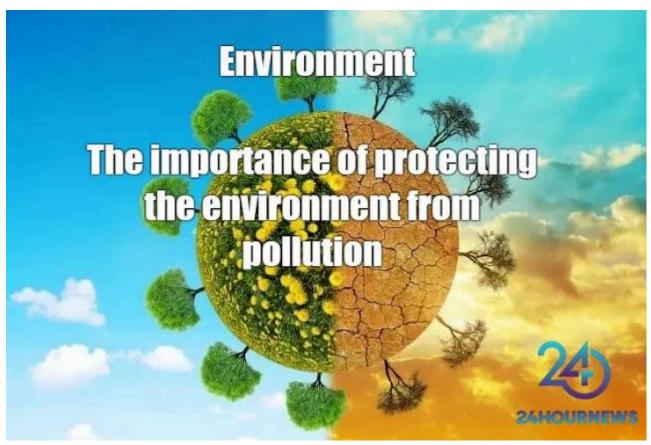


Environment - The importance of protecting the environment from pollution

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Environment - The importance of protecting the environment from pollution is one of the pests of our time, and international organizations seek to reduce pollution, due to its negative impact on humans, as humans live in integration with the surrounding <u>environment</u>, whether land, air, or water, and all of them are affected by pollution factors, which negatively affect human health. It affects the purity of the air that enters the body and causes severe diseases.



Pollution also affects the ozone layer, which works to protect the planet and what is on it from harmful ultraviolet radiation that causes cancer. In the following, we mention the importance of protecting the <u>environment</u> and air from pollution and ways to reduce them.

Protecting the environment and air from pollution is important for many reasons.

Environmental degradation is destroying our health and putting the global food supply at risk.

- Pollution is one of the most hazardous factors affecting the environment and it affects the quality of food leading to the ingestion of toxic substances.
- It is the responsibility of humans to maintain and safeguard nature and its attributes.
- If the environment is damaged, it can pose a threat to global food production. Taking care of nature enables us to lead fruitful lives, while environmental stability fosters harmony.
- By safeguarding the environment, we can prevent people from being forced out of their homes.
- It is vital to protect the environment as future generations are dependent on what we leave behind on this planet.

The quality of air can also lower the durability and effectiveness of objects and protective layers, resulting in expenses for maintenance, cleansing, and substitution. According to UN Environment's sixth Global Environment Outlook, climate mitigation actions for achieving the Paris Agreement targets would cost about US\$22 trillion.

What are the benefits of reducing pollution

Reducing pollution has many benefits. Here are some of them:

- 1. Improved air quality
- 2. Reduced greenhouse gas emissions
- 3. Reduced health problems
- 4. Reduced environmental damage
- 5. Reduced water pollution

Why is environmental protection important: Environmental protection is important because it helps to preserve natural resources and ecosystems for future generations. It also helps to reduce pollution and improve air and water quality. Additionally, environmental protection can help to mitigate climate change and reduce the risk of natural disasters.

What are some ways I can protect the environment?

It is necessary to protect the environment because it is safe for humans and crops and safe for plants and animals. The Environmental Protection Act of 1986 helps to improve the quality of the environment and reduce pollution. There are many ways to protect the environment. Here are some ideas:

1. Consume less

- 2. Compost
- 3. Choose reusable over single-use
- 4. Upcycle more
- 5. Recycle properly
- 6. Shop secondhand
- 7. Buy Local
- 8. Use fewer chemicals
- 9. Walk, bike, or carpool
- 10. Use less water
- 11. Use your purchasing power for good
- 12. Conserve electricity

You can also make an effort to conserve water and electricity around the house. Walking or biking rather than driving a car when possible can also help. Volunteering your time to clean up the community and advocate for environmental awareness is another way to help. International organizations to combat pollution seek to reduce it, due to its impact on many aspects of the environment, including air, water, and health. More details follow:

To protect health

The first effect of pollution can be on our health and the purity of the air we breathe.

Environment and air pollution will change the natural properties of oxygen, and become full of tiny particles capable of penetrating the airways and reaching the lungs.

And then into the bloodstream, so these particles, sulfur dioxide, and nitrogen dioxide affect the health of the heart, blood vessels, and lungs, causing problems for the general health of the body, and may also cause cancer, affect lung growth and function, and cause inflammation of the respiratory system, and may lead to Strokes and heart disease.

Protecting water resources

It is important to protect the environment from pollution, due to its great impact on water resources, whether surface, groundwater, or drinking water. There are many ways to protect water resources. Here are some ideas:

- Land use controls (such as zoning ordinances and growth controls)
- Regulations, permits, and inspections
- Land conservation and "natural infrastructure" solutions
- Best management practices
- Public education and outreach
- Cost share programs and financial incentives
- Hazard mitigation

You can also conserve water by reducing your water usage. For example, you can take shorter showers, fix leaks, and use a broom instead of a hose to clean your driveway.

pollution control methods

The role of combating environmental pollution and air pollution is not limited to organizations and governments, but it is a common role for everyone to keep the planet free of pollution, and the following are ways to reduce pollution:

- Enhancing the use of public transportation to reduce vehicle emissions.
- Encouraging the replacement of old cars with modern or electric cars to reduce the burning of polluting fuels.
- Awareness and guidance to reduce energy use and consumption and rely on renewable energy.
- Adopt policies to reduce generation and production and encourage recycling and refining of solid waste.
- Replace plastic bags with paper bags.
- fighting forest fires, smoking, and factory smoke; Because it is a major cause of pollution.
- Spreading the idea of planting trees everywhere, as it has a great role in reducing carbon dioxide in the air.
- Imposing strict laws to deal with violators of safety and pollution control policies.

its impact on the economy: It is important to reduce pollution due to its significant impact on the economy, due to the consequences of disease infection as a result of pollution and the costs of treatment, and the infection of the workforce with diseases leads to increased vacations and thus decreases productivity, in addition to the exorbitant costs incurred by countries of the world to get rid of pollutants.

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