



Mount Everest and Everest Base Camp Trek

Everest Base Camp or EBC trek is one of the finest and highest treks in the world being world's highest peak Mt. Everest (29029 ft/ 8848.68m).



Mount Everest Introduction

Mt Everest is the highest mountain in the world measuring 8,848m (29,028feet) in height. It was first climbed on May 29, 1953 by a New Zealander Sir Edmund Hillary and Tenzing Norgay of Nepal .Mount Everest is also known by the Tibetan name Chomolangma (goddess mother of the snows), and by the Nepali name Sagarmatha (Mother of the Universe).

Climbing Everest treks to Everest Base Camp are becoming increasingly popular on both the north and south sides of the mountain .On the north side, a Buddhist monastery is one of two whose locations were selected specifically to allow religious contemplation of the great peak. The other side is the Thyangboche Monastery in Nepal. The once active Rangbuk monastery in Tibet has required much rejuvenation from the destruction it experienced following China's invasion of Tibet.

What to expect from trekking in the off-season at Everest Base Camp?

Trekking in the off-season is not so famous in Nepal. One of the major reason to avoid trekking in the off-season is the down pouring monsoon. The rain causes various issues which can be a big hurdle while trekking in the off-season.

But it also does not mean that trekking is completely impossible during the off-season. The off-season for trekking starts from June to August which is the time for monsoon in Nepal. The northern Himalayan parts of the country receive a very small percentage of rainfall while compared to the southern Terai part of the country.

Trekking at the Everest Base camp can both be pleasant and headache during the off-season. The flights are not packed like the peak seasons. Also, you get the accommodation at a very cheaper price in off season like July and August

Everest Base Camp Trekking Guide and Guideline

Mount Everest Base Camp Trek is the best trekking journey to the iconic highest peak of the world and is a once in a lifetime trekking journey to the nearest point of the highest point of the earth. It is the most thrilling and adventurous trekking journey in the whole world. This trek has been covered by most of the trekking lovers and trekkers from the different parts of the world. The Everest base camp is the gateway to reach the Mount Everest, the highest peak of the world to everyone who wants to climb the highest peak. This trekking trail is famous for trekking which holds a very long history of glory and pride along with various tragedy too.

Do you have following question on Everest Base Camp Trekking

1. [What is the total height of Everest Base camp?](#)
2. That is the height of Mount Everest from sea level?
3. What is the weather condition at Everest Base camp?
4. Can I trek if I have zero trekking experience?
5. How difficult is it to trek to Everest base camp?
6. What preparations do I need to do for Mount Everest Base Camp Trek?
7. What type of food and accommodation one get on Trekking journey?
8. Can I get my own food on the trekking journey?
9. What about Altitude Sickness on Everest Base Camp?
10. Is Guide mandatory for Everest Base Camp Trek?
11. What do I need to carry for the Everest Base Camp trek?
12. What is the cost of Everest Base Camp Trek?