

What Happens During a Gynecological Exam?



A gynecological exam is a routine check-up that is performed by a gynecologist to assess a woman's reproductive health. During the exam, the doctor will ask about your medical history, including any symptoms you may be experiencing, your menstrual cycle, and any previous gynecological issues. The doctor will then perform a physical examination, which typically includes a pelvic exam and a breast exam.

The pelvic exam is a physical examination of the female reproductive organs, including the uterus, ovaries, and fallopian tubes. The doctor will use a speculum to gently open the vagina and inspect the cervix, uterus, and vaginal walls for any signs of abnormal discharge, growth, or changes in appearance. The doctor may also perform a manual examination, using their hands to feel for any unusual growths or masses in the pelvic region. In some cases, the doctor may also perform a pap smear, which is a test to screen for cervical cancer by collecting cells from the cervix. The breast exam involves feeling the breasts and underarms for any lumps or changes in appearance and checking for any discharge from the nipples. For more information, consult **Dr. Arohi Tasgaonkar** the Best <u>Gynecologist in</u> <u>Kasarvadavali.</u>