



Benefits of Organic Honey for Health and the Environment

[Organic honey](#) has become increasingly popular in recent years due to its perceived health benefits and environmental friendliness.

In this article, we will explore what organic honey is, how it differs from regular honey, and why it may be a better choice for consumers.



What is organic honey?

[Organic honey](#) is honey that has been produced by bees that have been managed in accordance with organic standards.

This means that the bees have not been treated with synthetic pesticides or antibiotics, and their hives have not been subjected to chemicals or other contaminants.

Instead, the bees are allowed to forage in areas that are free from chemical fertilizers and other harmful substances.