

9 Essential Tips for a Stress-Free Moving Experience

Moving is one of the top five most stressful life events, but it doesn't have to be. With a master plan, the right help, and these <u>nine essential tips</u>, you can ensure your next move is smooth and stressfree. From hiring movers to managing clutter, discover how to make your move easier and more organized.









ITEMS YOU CAN'T PUT IN A DUMPSTER ACCORDING TO WASTE MANAGEMENT RULES



Liquids

Batteries





Light Bulbs

Chemicals





Yard Waste

Aerosol Cans





Hazardous Waste



Electronics





Tanks

www.dumpstermedic.com