



Link Between Diabetes and Heart Disease

Diabetes increases the risk of developing cardiovascular disease, and people with diabetes have a higher risk of developing heart disease than those without diabetes. Fortunately, there are treatments available to help manage diabetes and its symptoms. Treatment of diabetes involves lifestyle changes such as diet and exercise, as well as medications to help control blood sugar levels. In addition, regular monitoring of blood sugar levels is important to ensure that diabetes is properly managed.

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Diabetes and heart disease are two of the most common chronic diseases in the world. While the two conditions may appear to be unrelated, there is a strong link between them.

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