



Make Bubble Bath in Your Robe from BathRoom

Indulge yourself and make your bubble bath. Wouldn't it be nice to relax in a bubble [bath in your robe](#) that you'd created? Making bubble bath is simple & fun. They can also make beautiful gifts for friends and loved ones for the holidays or other special occasions. The ingredients used to make bubble bath can be found in most large grocery stores or health food stores.

You can also find all of the elements online. They are inexpensive. One of the benefits of making your bubble bath is that you know exactly what is in it. If you are allergic to anything, you can be sure it is not in your bubble bath. Another benefit to making your bubble bath is that you know all of the ingredients are fresh and natural. There is no concern about a product that was left on the shelf for months. Another benefit is that you can be confident that your product is environmentally conscious and that it does not promote animal testing.

Bubble bath is a wonderfully inexpensive way to treat yourself. Supplies are easy to find, and you can create a bubble bath suited precisely to your tastes and needs. An essential ingredient in a bubble bath is essential oil. Essential oils add the scent to your bubble bath. Use these sparingly, as you only need to use several drops to get a pleasant effect. Many essential oils should not be ingested orally, so be sure to read the directions.

There are also some essential oils such as marjoram that should never be used by pregnant women. You can research any essential oil at the National Association for Holistic Aromatherapy www.naha.org. Also look in aromatherapy books and ask questions at the health food store when buying essential oils. Some essential oils are known to be relaxing and soothing. The most popular include lavender, sandalwood, marjoram, frankincense, myrrh, rosewood, and chamomile. These essential oils will calm you down, relax you and help you go to sleep. Other essential oils will uplift and energize you.

Peppermint, spearmint, eucalyptus and lemon oil are all oils that will brighten your day and are good to use during the day. Eucalyptus oil is especially useful if you have a cold because it will break up your cold's congestion. To soften your skin, consider adding either coconut or almond oil to your **bubble bath robe concoctions**. Coconut oil has a beautiful nutty and floral fragrance to it. Almond oil is virtually unscented. Adding a half a cup of either almond oil or coconut oil to your bubble bath will soften your skin tremendously.

It is an excellent addition to your bubble baths for the winter months. Store your bubble baths in a nonbreakable container. The materials you use to make bubble baths can "keep" for a while. You can store your bubble bath on a shelf in your bathroom or bedroom for easy access. Personalized bubble baths make an excellent gift.

You can find many decorative plastic containers at your local art store. For decorative effect, you can add either marbles or seashells to the bottom of the bowl. If you are giving bubble bath to a child or teenager, consider adding a small amount of glitter. Do not add food coloring because it can stain people temporarily for [bathrobe towel selections](#).

Tie your container with a pretty bow or even a piece of tulle. When giving bubble bath as a gift, consider adding some other bath related items. Give bath mitts or a big yellow rubber duck.

Your friend or loved one will appreciate such a thoughtful and personalized gift. ***Whether you are making your bubble bath for yourself or someone special - your bubble bath is a treat to enjoy. Here are some recipes for bubble baths to inspire you and to get you started:***

- *Sweet Dreams Bubble Bath*
- *This bubble bath has lavender and patchouli oils to relax you before bedtime. Use soft music and lighting candles in your bathroom for a soothing effect.*
- *Six drops of lavender oil*
- *Three drops of patchouli oil*
- *1 quart of distilled water*
- *1 bar of Castille soap. (4 oz. Bar)*
- *4 ounces liquid glycerin*
- *Directions: mix the water, soap, and glycerin and stir. Now add you're essential oils to the mixture.*
- *Cold Season Bubble Bath*
- *This bubble bath will help you breathe more comfortable, with eucalyptus oil to ease the cold congestion. It is perfect for the cold season.*
- *Six drops of eucalyptus oil*
- *Three drops of spearmint oil*
- *Three drops of peppermint oil*
- *1 quart of distilled water*
- *1 bar of Castille soap. (4 oz. Bar)*
- *4 ounces liquid glycerin*
- *Directions: mix the water, soap, and glycerin and stir. Now add you're essential oils to the mixture.*
- *Pure Sunshine Bubble Bath*
- *This citrusy bubble bath will cheer you up and energize you. Perfect for a morning bath or use after exercising.*
- *Six drops of orange oil*
- *Four drops of grapefruit oil*
- *Three drops of lemon oil*
- *1 quart of distilled water*

- 1 bar of Castille soap. (4 oz. Bar)
- 4 ounces liquid glycerin
- *Directions: mix the water, soap, and glycerin and stir. Now add you're essential oils to the mixture.*
- *Love Potion Bubble Bath*
- *This bubble bath will put you in a romantic mood. All of the ingredients are considered known aphrodisiac - so look out!*
- Six drops jasmine oil
- Three drops rose oil
- 3 drops vanilla oil
- Six drops ylang oil
- 1 quart of distilled water
- 1 bar of Castille soap. (4 oz. Bar)
- 4 ounces liquid glycerin
- *Directions: mix the water, soap, and glycerin and stir. Now add you're essential oils to the combination.*

Making Small Bathrooms Seem Larger

When people think about rooms they want to remodel; often the [bathroom fabric is last on the list](#). We use our bathrooms all the time, of course, and so this is a little strange that it often gets left out of the make-over plan. One reason for this may be that bathrooms tend to be smaller than other rooms, and so even though they get used and also abused more than other places, they often get left behind.

Even though bathrooms are smaller than other rooms, there are still many things you can do with them. In fact, because there are so many different elements involved in even the smallest of bathrooms, they are often one of the most interesting (and most challenging) rooms you could choose to redecorate. If you have the challenge of a small bathroom, one of the first things you're probably going to want to do is make it seem more significant.

Because we do spend so much time in our bathrooms, the quality of this space can affect how we view the variety of our homes overall. A beautiful, clean, large bathroom can improve the quality of your life. The problem, of course, is that some of us don't have nice, large bathrooms to play. Not to worry. Below are some methods for making any bathroom seem more significant. As was described earlier, even a small bathroom has loads of things to play with, redecorate, move around.

You will find vanities and tubs and showers and lighting and tile and mirrors and sinks and storage spaces and on and on and on. **There is also a multitude of accessories that can be found in any bathroom**, even accessories that you may not even consider as an accessory, things such as bathrobes hanging on the back of a door, towels hanging on towel

racks, and even little washcloths. All of these things are "exposed, " if you will, and so whether you want them to or not, they go into making up the overall design of your bathroom.

The good news is that once you start thinking of them in this way, they give you more elements to play in your design. Although older homes have plenty of character and lots of advantages, one of the biggest curses of a more former home is usually, of course, a small bathroom. If you don't have the time or funds to rip out walls and merely make the place more significant, there's still hope. Even a little bit of color can help change the understanding of a bathroom's size.

One general rule about color and size understanding is to stay away from very bold colors and very dark colors. A very bold or dark color is going to make any room seem smaller than it is. However, a few splashes of color in a room that is overall light and soft can go a long way in brightening it up. Therefore, in general, a good idea for a small bathroom is to use neutral colors for the walls, and then liven it up with carefully chosen bright accessories - a beautiful, flashy shower curtain, or a few daring, bright towels.

A relatively light-colored floor is also usually a good idea if you're looking to enlarge the feel of your room. Another thing to always consider, especially for a small room, and even more so for a bathroom, is lighting. Because bathrooms robes for men and women are built for privacy, this often translates into rooms with few windows and little natural light. You will find exceptions, of course, but it usually takes a lot of forethought to get the proper balance between natural light and privacy, and unless you're living in a modern, extremely well-designed home, you're probably going to find that your [bathroom](#) doesn't live up to that idea. Fortunately, of course, you can just add more lighting to your room by putting in the extra fixture. Some could increase the brightness of their bathrooms significantly by making sure they're using the highest watt bulb possible. That seems like a no-brainer, but many only don't think about it. Another [element of your bathroom](#) that can cause smaller spaces to seem even lower is the size of your fixtures. Of course, we want comfort, but if your toilet and your vanity are hulking pieces that dominate the room, then you're going to feel cramped every time you go in there. Some changes, while they may appear significant, are not that big of an offer once you commit to them.

One idea is to change out a large, cabinet style vanity for a pedestal sink. A pedestal sink will immediately slim down the whole sink area, and as a result, open up the entire room. Of course, if you switch to a pedestal sink, you will need to find extra storage space then somewhere else, but there's an excellent solution to that too - metal racks. Metal racks make great storage areas, and they have the advantage of feeling open, airy, and light.

Also, because the materials stored to them are open to public viewing, you can use their colors and designs to add character to the room. The last tip for making a small bathroom seem smaller is an old one - mirrors. Mirror has been used in this way for as long as they've been around, and they will always be used in this way for one simple reason - they work.

Use more mirrors in your bathroom. You don't have to limit yourself to the one, simple mirror above the sink. Get creative. Use them as decoration. Use them in places that you won't even be able to see yourself. Once you've added a few mirrors around the room, every other element will be able to reflect its uniqueness over and over again.

Create Your Own Home Spa With A Personal Massage Bathtub

Most of you lead a busy lifestyle, one which is jam-packed with chores, errands, and last-minute shopping. With such a fast-paced life, it becomes difficult to even find time to rest or pamper yourself by visiting a day spa.

This need for relaxation at home has given birth to the concept of a home spa. One of the essential requirements for a home spa is a personal massage bathtub where you can just bubble-up, steam, and soak yourself to relax in the privacy of your own home and at your own time.

The Great Private Escape

According to bathroom designers, the home spa is a few notches above the regular bathroom. The accessories used in a home spa, such as a shower, a bathtub etc. are all more "evolved." For example, the bathtub in a home spa is extra long, extra thick, and comes with multiple jets or bubble.

The shower has more than one shower head and additional fixtures that offer hydro-massage and cascading sensations. In all, the home spa is a great private escape that is not only luxurious but also unique and with your aesthetics and artistic touches. Think about sinking into a warm and inviting bath in your massage bathtub after an unusually long, hard day of work.

Bliss! And with the jets massaging your neck, shoulders, and feet - don't you feel like you are in heaven? Create a profoundly comforting ambiance by playing gentle, relaxing music in the backdrop, one glass of wine at hand, and perhaps a reserve before you negotiate in for an extended massage shower. Life can't progress than this, my friends!

Create Your Private Retreat

Now, if you would like your private retreat, then you must put in a home spa with an own massage [bathtub robes in your own home](#). But let's just believe that you don't want to look all out to invest money in the home spa. Just what exactly can you do to get the similar benefits still? Begin by adding an individual massage bathtub to your get good in the bathroom.

Nevertheless, you must recognize that making addition can be considered a tad challenging, as you'll need specialized accessories and enough room with a beefed-up plumbing related

system. Another way to make enough space for your massage bathtub is usually to renovate or renovate your existing bathroom.

There can be an emerging trend in which a broad cross-section of people who are checking to the thought of creating their private retreat; from one woman and men to professional lovers with a lot of cash to baby boomer lovers to people that have a jet-set lifestyle. Well, even though you aren't moving in moolah, you can still enjoy some top features of a home spa as we discussed earlier.

A lot more manufacturers are producing a more comprehensive selection of bathroom fittings that include a competitive price. Perhaps that's the reason just about everybody is willing to purchase a home spa or at least an own massage bathtub!

Choosing a Massage therapy Bathtub to Relieve Your Aching Muscles

Golly, imagine the sensation of the masseur's hands lightly kneading into the flesh and alleviating you of the ache in the muscles. The feel of these hands whose soothing powers are heaven-sent, work tirelessly to provide your strained muscles a whole new life. Nevertheless, you know very well what; a masseur isn't always necessary to get massage therapy. All you have to do is absorb in a massage therapy bathtub and revel in a lavish and pampering massage therapy.

Types of Massage therapy Bathtubs

When you have gone to a spa, you might have already experienced the advantages of bubbling drinking water in a tub. An individual massage therapy tub is no different.

The massage therapy tub comes installed with jets or openings situated on the edges of the container that propel the environment or the drinking water in the tub. You can find just two types of massage therapy bathtubs - air-jetted massage therapy bathtubs and water-jetted massage therapy bathtubs.

1. Water-Jetted/Whirlpool Massage therapy Bathtub (As the name suggests, water-jetted bathtubs have jets that propel water through the starting in the edges of the tub to make a stronger massaging action than the air-jetted bathtubs. A substantial disappointment is the fact that you can't use bubble baths, shower oils, shower salts, etc. in this version of the massage therapy bathtub. Additionally, you'll have to do your cleaning gloves to ensure that the tub is clean else the openings will get clogged. Here's a suggestion: Nowadays you can purchase a whirlpool tub that is included with an inbuilt cleaning system. So maintain your eyes open up for these models.)
2. Air-Jetted Massage therapy (Bathtubs Air-jetted bathtubs provide a gentler massaging impact than water-jets, as air is pressed and circulated by the jet system rather than

drinking water. But, with air-jetted tubs, you may use bubble baths, shower salts, natural bath oils, etc. to make your warm soak an enjoyable and comforting experience.)

Finally, bottom your decision to buy an own massage bathtub and create your house spa after consideration of all bathtub robe possibilities. Don't be impulsive and think about your budget and necessity. Also, make sure that you do some research before purchasing a bathtub whether you get it in a store or online from a website.

So enjoy your brand-new bathing experience and the pleasure of moving into your home spa with an own massage bathtub! Hurrah!