



Aquamarine- the stone of hope, calming & healing

Aquamarine



Hope, Calming &
Healing

Zodiac Sign: Pisces, Aries

Chakra: Throat & Heart

Birthstone: March

Elements: Water

History

Aquamarine, named after the Latin for "sea water," is a blue-green gemstone admired since ancient times. Greeks and Romans believed it came from mermaids' treasures. During the Middle Ages, it was thought to have healing properties. In the 19th century, Brazil became a major source, making it more accessible. Today, it's the birthstone for March and is popular in jewelry for its calming color.

Affirmation

"I am calm, balanced, and at peace. I release negativity and trust my intuition. I communicate with clarity and confidence."

Properties

Healing

- Calms stress and anxiety.
- Helps with breathing problems.

Spiritual

- Helps with clear communication.
- Improves intuition and understanding.
- Supports spiritual growth and connection.

Cleansing

- Cleanses the aura and removes energy blockages.
- Clears negative feelings and helps balance emotions.

[Aquamarine stone](#) is more than just a gemstone that reflects the peace and elegance of the ocean's depths. Aquamarine has fascinated mankind for centuries, not just for its amazing beauty, but also for the depth of mythology and symbolism it represents. Shop online at [Stone Story by Shruti](#).