



Bathroom Safety: Designing for Seniors and People with Disabilities

Bathrooms can be a particularly hazardous place, with wet surfaces, sharp edges and obstacles that can cause slips, trips and falls. For seniors and people with disabilities, these hazards can be even more dangerous, so it's essential to create a bathroom that prioritizes safety and accessibility.

With aging and disabilities come challenges in mobility, balance and strength, which can make using the bathroom a risky and unsafe experience. That's why we believe that bathroom safety should be at the forefront of every renovation project.



Here are some of our top tips for designing a bathroom that's safe, accessible and beautiful for seniors and people with disabilities:

1. **Consider the layout:** A well-designed bathroom layout can make a huge difference in the safety and accessibility of the space. The key is to create a clear path from the entrance to the toilet, shower and sink, with enough space for a wheelchair or mobility aid to maneuver comfortably. Keep in mind that some seniors and people with disabilities may need to transfer from a wheelchair to the toilet or shower, so providing ample clearance and grab bars is essential.
2. **Install grab bars:** Grab bars are an essential safety feature in any [bathroom designed](#) for seniors and people with disabilities. These bars provide support and stability when getting in and out of the shower or bathtub, standing up from the toilet, or navigating around the bathroom. They should be installed at strategic locations, such as near the toilet, shower, and bathtub, and should be sturdy enough to support the weight of the user.
3. **Choose slip-resistant flooring:** Slippery bathroom floors can be a major hazard for seniors and people with disabilities, especially those with mobility issues. Choosing slip-resistant flooring, such as textured tiles or vinyl, can help prevent slips and falls. Placing a non-slip mat in the shower or bathtub can also provide extra traction and stability.
4. **Consider a hobless shower:** A hobless shower is a great option for seniors and people with disabilities, as it eliminates the need to step over a high threshold. This makes it easier to enter and exit the shower, especially for those with mobility issues or who use a wheelchair. A handheld shower head can provide greater flexibility and convenience when showering.
5. **Upgrade to a comfort-height toilet:** Comfort-height toilets are taller than standard toilets, making them easier to use for seniors and people with disabilities who have trouble bending or standing up from a low seat. A wall-mounted toilet can also provide extra clearance and make it easier to clean around the base. [Read more.](#)