



How Much of the Tablet Tadalafil is Safe?

[Tadalafil](#) is the active ingredient in medications like Cialis, used to treat ED or erectile dysfunction. It is a prescription medication that can also be prescribed to patients with BPH, benign prostatic hyperplasia, and PAH or pulmonary arterial hypertension or **high blood pressure** in the blood vessels that aid the lungs. Tadalafil belongs to a group of drugs called PDE5 or phosphodiesterase type 5 inhibitors. Healthcare providers can recommend branded Tadalafil or generic Tadalafil, depending on the patient's condition.

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